

”10 Things to do Before Your Dental Surgery”

- 🦷 Pre-surgical health evaluation.
- 🦷 Fasting (if nitrous sedation or general anaesthesia is used).
- 🦷 Pre-surgery medications as per doctor advise.
- 🦷 Follow oral hygiene instructions.
- 🦷 Avoid alcohol and smoking.
- 🦷 Wear loose & comfortable clothing, avoid jewellery, avoid makeup or nail polish, footwear, no contact lenses.
- 🦷 Follow instructions specific to the type of surgery.
- 🦷 Prepare for swelling and discomfort.
- 🦷 Transport arrangements for post-surgery care.
- 🦷 Attender/ accompany person mandatory.